

**SHELBY COUNTY SCHOOLS BREAKFAST MENU**

Mar-10

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
CHOICE OF JUICE OR FRUIT 0 BREAKFAST PIZZA 1 OR CEREAL AND TOAST 0 0 0 *MILK 1	CHOICE OF JUICE OR FRUIT 0 SAUSAGE AND BISCUIT 1 OR CEREAL AND TOAST 0 0 0 *MILK 2	CHOICE OF JUICE OR FRUIT 0 SCHOOLS FAVORITE BREAKFAST SANDWICH 1 OR CEREAL AND TOAST 0 0 0 *MILK 3	CHOICE OF JUICE OR FRUIT 0 FRENCH TOAST 4 LITTLE SMOKIES 3 OR CEREAL AND TOAST 0 0 *MILK 4	CHOICE OF JUICE OR FRUIT 0 SCHOOLS FAVORITE HOT BREAD OR CEREAL AND TOAST 0 0 0 *MILK 5
CHOICE OF JUICE OR FRUIT 0 BREAKFAST PIZZA 1 OR CEREAL AND TOAST 0 0 0 *MILK 8	CHOICE OF JUICE OR FRUIT 0 SAUSAGE AND BISCUIT 1 OR CEREAL AND TOAST 0 0 0 *MILK 9	CHOICE OF JUICE OR FRUIT 0 SCHOOLS FAVORITE BREAKFAST SANDWICH 1 OR CEREAL AND TOAST 0 0 0 *MILK 10	CHOICE OF JUICE OR FRUIT 0 FRENCH TOAST 4 LITTLE SMOKIES 3 OR CEREAL AND TOAST 0 0 0 *MILK 11	CHOICE OF JUICE OR FRUIT 0 SCHOOLS FAVORITE HOT BREAD OR CEREAL AND TOAST 0 0 0 *MILK 12
<b>SPRING BREAK</b>				
* 15	* 16	* 17	* 18	* 19
CHOICE OF JUICE OR FRUIT 0 BREAKFAST PIZZA 1 OR CEREAL AND TOAST 0 0 0 *MILK 22	CHOICE OF JUICE OR FRUIT 0 SAUSAGE AND BISCUIT 1 OR CEREAL AND TOAST 0 0 0 *MILK 23	CHOICE OF JUICE OR FRUIT 0 SCHOOLS FAVORITE BREAKFAST SANDWICH 1 OR CEREAL AND TOAST 0 0 0 *MILK 24	CHOICE OF JUICE OR FRUIT 0 FRENCH TOAST 4 LITTLE SMOKIES 3 OR CEREAL AND TOAST 0 0 *MILK 25	CHOICE OF JUICE OR FRUIT 0 SCHOOLS FAVORITE HOT BREAD OR CEREAL AND TOAST 0 0 0 *MILK 26
CHOICE OF JUICE OR FRUIT 0 BREAKFAST PIZZA 1 OR CEREAL AND TOAST 0 0 0 *MILK 29	CHOICE OF JUICE OR FRUIT 0 SAUSAGE AND BISCUIT 1 OR CEREAL AND TOAST 0 0 0 *MILK 30	CHOICE OF JUICE OR FRUIT 0 SCHOOLS FAVORITE BREAKFAST SANDWICH 1 OR CEREAL AND TOAST 0 0 0 *MILK 31		

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER AND EMPLOYER.

\*CHOICE OF 1%, 2%, OR LOWFAT CHOCOLATE \*FLAVORED, OR SKIM MILK

Menu subject to change based on availability

- MILK 1 CUP
- JUICE/FRUIT/VEGETABLE 1/2 CUP
- SELECT ONE SERVING FROM EACH OF THE FOLLOWING COMPONENTS;
- OR TWO FROM ONE COMPONENT; OR AN EQUIVALENT COMBINATION
- GRAINS 1 SERVING
- MEAT/MEAT ALTERNATE 1 OUNCE

**SHELBY COUNTY SCHOOLS LUNCH MENU**

Mar-10

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
CHICKEN STRIPS WITH ROLL HAMBURGER SANDWICH *ENTRÉE SALAD SEASONED GREEN BEANS WHIPPED POTATOES LETTUCE, TOMATO, PICKLE FRESH FRUIT CHILLED FRUIT CUP MILK 1	HOT POCKET CHICKEN SANDWICH *CHICKEN FAJITA SALAD LETTUCE, TOMATO, PICKLE OVEN BROWND POTATOES 0 FRESH FRUIT CHILLED FRUIT CUP MILK 2	MEXICAN STICK W/CHILI HOT DOG/OR CHILI DOG SANDWICH *ENTRÉE SALAD 0 WHOLE KERNEL CORN 0 FRESH FRUIT CHILLED FRUIT CUP MILK 3	FISH STICKS WITH BREAD STICK TERIYAKI BEEF NUG/BREAD STICK *TURKEY GOBBLE SALAD MACARONI AND CHEESE STEAMED BROCCOLI 0 FRESH FRUIT CHILLED FRUIT CUP MILK 4	PIZZA ENTRÉE WRAP *TUNA SALAD SHREDDED LETTUCE SALAD BABY CARROTS W/DIP 0 FRESH FRUIT CHILLED FRUIT CUP MILK 5
CORN DOGS HAMBURGER SANDWICH *ENTRÉE SALAD LETTUCE, TOMATO, PICKLE BAKED BEANS 0 FRESH FRUIT CHILLED FRUIT CUP MILK 8	CHICKEN TENDERS W/ROLL CHILI CHEESE WRAP *CHICKEN FAJITA SALAD 0 OVEN BROWND POTATOES FRUITED GELATIN FRESH FRUIT CHILLED FRUIT CUP MILK 9	TACOS OR TACO SALAD BBQ SANDWICH *ENTRÉE SALAD TACO FIXINGS MEXICAN CORN 0 FRESH FRUIT CHILLED FRUIT CUP MILK 10	COUNTRY BEEF PATTY W/ROLL POP CORN CHICKEN *TURKEY GOBBLE SALAD BLACKEYED PEAS WHIPPED POTATOES 0 FRESH FRUIT CHILLED FRUIT CUP MILK 11	PIZZA DELI SANDWICH *TUNA SALAD LETTUCE, TOMATO, PICKLE VEGGIE PICK UPS WITH DIP 0 FRESH FRUIT CHILLED FRUIT CUP MILK 12
<p>SPRING BREAK MARCH 15-19, 2009</p>				
*MARCH 15	*MARCH 16	*MARCH 17	*MARCH 18	*MARCH 19
MEATBALL SUB POPCORN CHICKEN *ENTRÉE SALAD SEASONED GREEN PEAS SCALLOPED POTATOES 0 CHILLED FRUIT CUP *MILK 22	CHICKEN SANDWICH STEAK STRIPS WITH HOT ROLL *CHICKEN FAJITA SALAD LETTUCE, TOMATO, PICKLE OVEN BROWND POTATOES 0 CHILLED FRUIT CUP *MILK 23	TACOS OR TACO SALAD HOT POCKET *ENTRÉE SALAD TACO FIXINGS MEXICAN CORN 0 FRESH FRUIT CHILLED FRUIT CUP *MILK 24	TERIYAKI CHICKEN W/ RICE FISH FILET SANDWICH *TURKEY GOBBLE SALAD SLAW SEASONED GREEN BEANS 0 FRESH FRUIT CHILLED FRUIT CUP *MILK 25	PIZZA DELI SANDWICH *TUNA SALAD LETTUCE, TOMATO, PICKLE VEGGIE PICK UPS WITH DIP 0 FRESH FRUIT CHILLED FRUIT CUP *MILK 26
TURKEY CORN DOG NUGGETS BBQ SANDWICH *ENTRÉE SALAD ONION RINGS BAKED BEANS 0 FRESH FRUIT CHILLED FRUIT CUP *MILK 29	GRILLED HAM & CHEESE SAND. CHICKEN FAJITA W/TORTILLA *CHICKEN FAJITA SALAD FAJITA FIXINGS OVEN BROWND POTATOES 0 FRESH FRUIT CHILLED FRUIT CUP *MILK 30	SPAGHETTI WITH GARLIC TOAST QUESADILLA WITH SALSA *ENTRÉE SALAD 0 SEASONED GREEN PEAS FRUITED GELATIN FRESH FRUIT CHILLED FRUIT CUP *MILK 31		

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**\*A SALAD BAR OR A VARIETY OF ENTRÉE SALADS WILL BE OFFERED**

**USDA MEAL REQUIREMENTS**

MEAT / MEAT ALTERNATE 1 1/2 OUNCE, PER DAY  
VEGETABLE AND OR FRUIT 1/2 CUP, PER DAY  
BREAD / BREAD ALTERNATE 8 SERVINGS, PER WEEK  
\*\*MILK \* 1/2 PINT, PER DAY

**\*\* A VARIETY OF LOWFAT MILK OFFERED**

**\*\*\*SANDWICHES MAY BE OFFERED ON A VARIETY OF BREADS**

**CUSTOMERS HAVE A CHOICE OF ONE ENTREE, CHOICE OF ANY 2 (1/2 CUP) VEGETABLE/FRUIT CHOICE SERVINGS, A BREAD SERVING, AND MILK AT A UNIT COST. TWO ITEMS MAY BE DECLINED BUT AT THE SAME MEAL COST.**

Menu subject to change based on availability