

**SHELBY COUNTY SCHOOLS BREAKFAST MENU**

Dec-09

	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	CHOICE OF JUICE OR FRUIT 0 SAUSAGE AND BISCUIT 1 OR CEREAL AND TOAST 0 0 0 *MILK 1	CHOICE OF JUICE OR FRUIT 0 SCHOOLS FAVORITE BREAKFAST SANDWICH 1 OR CEREAL AND TOAST 0 0 *MILK 2	CHOICE OF JUICE OR FRUIT 0 FRENCH TOAST 4 LITTLE SMOKIES 3 OR CEREAL AND TOAST 0 0 *MILK 3	CHOICE OF JUICE OR FRUIT 0 0 SCHOOLS FAVORITE HOT BREAD OR CEREAL AND TOAST 0 0 *MILK 4
	CHOICE OF JUICE OR FRUIT 0 BREAKFAST PIZZA 1 OR CEREAL AND TOAST 0 0 0 *MILK 7	CHOICE OF JUICE OR FRUIT 0 SAUSAGE AND BISCUIT 1 OR CEREAL AND TOAST 0 0 0 *MILK 8	CHOICE OF JUICE OR FRUIT 0 FRENCH TOAST 4 LITTLE SMOKIES 3 OR CEREAL AND TOAST 0 0 *MILK 10	CHOICE OF JUICE OR FRUIT 0 0 SCHOOLS FAVORITE HOT BREAD OR CEREAL AND TOAST 0 0 *MILK 11
	CHOICE OF JUICE OR FRUIT 0 BREAKFAST PIZZA 1 OR CEREAL AND TOAST 0 0 0 *MILK 14	CHOICE OF JUICE OR FRUIT 0 SAUSAGE AND BISCUIT 1 OR CEREAL AND TOAST 0 0 0 *MILK 15	CHOICE OF JUICE OR FRUIT 0 FRENCH TOAST 4 LITTLE SMOKIES 3 OR CEREAL AND TOAST 0 0 *MILK 17	CHOICE OF JUICE OR FRUIT 0 0 SCHOOLS FAVORITE HOT BREAD OR CEREAL AND TOAST 0 0 *MILK 18
	CHRISTMAS BREAK			
	* 21	* 22	* 23	* 24
	CHRISTMAS BREAK			
	* 28	* 29	* 30	* 31

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER AND EMPLOYER.

\*CHOICE OF 1%, 2%, OR LOWFAT CHOCOLATE \*FLAVORED, OR SKIM MILK

Menu subject to change based on availability

- MILK 1 CUP
- JUICE/FRUIT/VEGETABLE 1/2 CUP
- SELECT ONE SERVING FROM EACH OF THE FOLLOWING COMPONENTS;
- OR TWO FROM ONE COMPONENT; OR AN EQUIVALENT COMBINATION
- GRAINS 1 SERVING
- MEAT/MEAT ALTERNATE 1 OUNCE

**SHELBY COUNTY SCHOOLS LUNCH MENU**

Dec-09

	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	HOT POCKET CHICKEN SANDWICH *CHICKEN FAJITA SALAD LETTUCE, TOMATO, PICKLE OVEN BROWNED POTATOES 0 FRESH FRUIT CHILLED FRUIT CUP *MILK 1	MEXICAN STICK W/CHILI HOT DOG/OR CHILI DOG SANDWICH *ENTRÉE SALAD 0 WHOLE KERNEL CORN 0 FRESH FRUIT CHILLED FRUIT CUP *MILK 2	FISH STICKS WITH BREAD STICK TERIYAKI BEEF NUG/BREAD STICK *TURKEY GOBBLE SALAD MACARONI AND CHEESE STEAMED BROCCOLI 0 FRESH FRUIT CHILLED FRUIT CUP *MILK 3	PIZZA ENTRÉE WRAP *ENTRÉE SALAD SHREDDED LETTUCE SALAD BABY CARROTS W/DIP 0 FRESH FRUIT CHILLED FRUIT CUP *MILK 4
CORN DOGS HAMBURGER SANDWICH *ENTRÉE SALAD LETTUCE, TOMATO, PICKLE BAKED BEANS 0 FRESH FRUIT CHILLED FRUIT CUP *MILK 7	CHICKEN TENDERS W/ROLL CHILI CHEESE WRAP *CHICKEN FAJITA SALAD 0 OVEN BROWNED POTATOES FRUITED GELATIN FRESH FRUIT CHILLED FRUIT CUP *MILK 8	TACOS OR TACO SALAD BBQ SANDWICH *ENTRÉE SALAD TACO FIXINGS MEXICAN CORN 0 FRESH FRUIT CHILLED FRUIT CUP *MILK 9	COUNTRY BEEF PATTY W/ROLL POP CORN CHICKEN *TURKEY GOBBLE SALAD BLACKEYED PEAS WHIPPED POTATOES 0 FRESH FRUIT CHILLED FRUIT CUP *MILK 10	PIZZA DELI SANDWICH *ENTRÉE SALAD LETTUCE, TOMATO, PICKLE VEGGIE PICK UPS WITH DIP 0 FRESH FRUIT CHILLED FRUIT CUP *MILK 11
CHICKEN NUGGETS W/ROLL EGG ROLL *ENTRÉE SALAD SEASONED GREEN PEAS AUGRATIN POTATOES 0 FRESH FRUIT CHILLED FRUIT CUP *MILK 14	FISH STRIPS WITH/HUSH PUPPIES GRILLED CHICKEN SANDWICH *CHICKEN FAJITA SALAD SLAW OVEN BROWNED POTATOES LETTUCE, TOMATO, PICKLE FRESH FRUIT CHILLED FRUIT CUP *MILK 15	BAKED CHICKEN W/ROLL CHEESE STICKS/W MARINARA *ENTRÉE SALAD STEAMED BROCCOLI SWEET POTATO CASSEROLE 0 FRESH FRUIT CHILLED FRUIT CUP *MILK 16	NACHO SUPREME TURKEY CORN DOG NUGGETS *TURKEY GOBBLE SALAD WHOLE KERNEL CORN 0 0 FRESH FRUIT CHILLED FRUIT CUP *MILK 17	PIZZA HAMBURGER ON A BUN *ENTRÉE SALAD GARDEN SALAD LETTUCE, TOMATO, PICKLE 0 FRESH FRUIT CHILLED FRUIT CUP *MILK 18
<b>CHRISTMAS BREAK</b>				
*DECEMBER 21	*DECEMBER 22	*DECEMBER 23	*DECEMBER 24	*DECEMBER 25
*DECEMBER 28	*DECEMBER 29	*DECEMBER 30	*DECEMBER 31	

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**\*A SALAD BAR OR A VARIETY OF ENTRÉE SALADS WILL BE OFFERED**

**USDA MEAL REQUIREMENTS**

MEAT / MEAT ALTERNATE  
VEGETABLE AND OR FRUIT  
BREAD / BREAD ALTERNATE  
\*\*MILK \*

( \*K - 3 )

1 1/2 OUNCE, PER DAY  
1/2 CUP, PER DAY  
8 SERVINGS, PER WEEK  
1/2 PINT. PER DAY

**\*\* A VARIETY OF LOWFAT MILK OFFERED**

(4-12)

2 OUNCES, PER DAY  
3/4 CUP, PER DAY  
8 SERVINGS, PER WEEK  
1/2 PINT, PER DAY

**\*\*\*SANDWICHES MAY BE OFFERED ON A VARIETY OF BREADS**

**CUSTOMERS HAVE A CHOICE OF ONE ENTREE, CHOICE OF ANY 2 (1/2 CUP) VEGETABLE/FRUIT CHOICE SERVINGS, A BREAD SERVING, AND MILK AT A UNIT COST. TWO ITEMS MAY BE DECLINED BUT AT THE SAME MEAL COST.**

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